



## Notable from Our Podcast

The June 18, 2019, podcast interview with Dr. Bob Gross covers his experiences, opportunities, and challenges as Editor-in-Chief of *Neurology*.

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## From the AAN Press Room

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### For better migraine treatment, try adding some downward dogs

Adding yoga to your regularly prescribed migraine treatment may be better than medication alone. The new research suggests yoga may help people with migraines have headaches that happen less often, do not last as long, and are less painful. “Migraine is one of the most common headache disorders, but only about half the people taking medication for it get real relief,” said study author Rohit Bhatia, M.D., D.M., D.N.B., of the All India Institute of Medical Sciences in New Delhi, India, and a member of the American Academy of Neurology. “The good news is that practicing something as simple and accessible as yoga may help much more than medications alone. And all you need is a mat.”

Effect of yoga as add-on therapy in migraine (CONTAIN): A randomized clinical trial [doi.org/10.1212/WNL.00000000000009473](https://doi.org/10.1212/WNL.00000000000009473)



## CME

### Developmental outcomes following vaccine-proximate febrile seizures in children

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### Insights into the natural history of spontaneous intracranial hypotension from infusion testing

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## Most-Read Articles

As of May 20, 2020

### Clinical diagnosis of Alzheimer’s disease: Report of the NINCDS-ADRDA Work Group\* under the auspices of Department of Health and Human Services Task Force on Alzheimer’s Disease

G. McKhann, D. Drachman, M. Folstein, et al. 1984;34:939–944. [doi.org/10.1212/WNL.34.7.939](https://doi.org/10.1212/WNL.34.7.939)

### Rating neurologic impairment in multiple sclerosis: An expanded disability status scale (EDSS)

J.F. Kurtzke. 1983;33:1444–1452. [doi.org/10.1212/WNL.33.11.1444](https://doi.org/10.1212/WNL.33.11.1444)

### Parkinsonism: onset, progression, and mortality

M.M. Hoehn and M.D. Yahr. 1967; 17:427–442. [doi.org/10.1212/WNL.17.5.427](https://doi.org/10.1212/WNL.17.5.427)

### Neurosurgical horizons in Parkinson’s disease

C.G. Goetz, M.R. De Long, R.D. Penn, and R.A.E. Bakay. 1993;43: 1–7. [doi.org/10.1212/WNL.43.1\\_Part\\_1.1](https://doi.org/10.1212/WNL.43.1_Part_1.1)

### Vascular dementia: Diagnostic criteria for research studies: Report of the NINDS-AIREN International Workshop\*

G. C. Román, T. K. Tatemichi, T. Erkinjuntti, et al. 1993;43:250-260. [doi.org/10.1212/WNL.43.2.250](https://doi.org/10.1212/WNL.43.2.250)

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