



## Notable from Our Podcast

The February 27, 2018, featured interview highlights the guidelines and concerns surrounding brain death determination. For our What's Trending feature, you will hear part II of the discussion on gene drives.

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## From the AAN Press Room

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### Can learning stress-reducing techniques help reduce seizures?

Learning techniques to help manage stress may help people with epilepsy reduce how often they have seizures. "Despite all the advances we have made with new drugs for epilepsy, at least one-third of people continue to have seizures, so new options are greatly needed," said study author Sheryl R. Haut, MD, of Montefiore Medical Center and the Albert Einstein College of Medicine in the Bronx, New York, and member of the American Academy of Neurology. "Since stress is the most common seizure trigger reported by patients, research into reducing stress could be valuable."

Haut SR, Lipton RB, Cornes S, et al. 2018;90:e963-e970. doi.org/10.1212/WNL.0000000000005109.



## CME

### Dorsal and ventral horn atrophy is associated with clinical outcome after spinal cord injury

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### Aminophylline for treatment of postdural puncture headache: A randomized clinical trial

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## Most-Read Articles

As of February 23, 2018

### The terrorist inside my husband's brain

S.S. Williams. 2016;87:1308-1311. doi.org/10.1212/WNL.0000000000003162.

### Evidence-based guideline update: Pharmacologic treatment for episodic migraine prevention in adults

S.D. Silberstein, S. Holland, F. Freitag, et al. 2012;78:1337-1345. doi.org/10.1212/WNL.0b013e3182535d20.

### Practice parameter: Therapies for benign paroxysmal positional vertigo (an evidence-based review)

T.D. Fife, D.J. Iverson, T. Lempert, et al. 2008;70:2067-2074. doi.org/10.1212/01.wnl.0000313378.77444.ac.

### Evidence-based guideline: Management of an unprovoked first seizure in adults

A. Krumholz, S. Wiebe, G.S. Gronseth, et al. 2015;84:1705-1713. doi.org/10.1212/WNL.0000000000001487.

### Self-treatment of benign paroxysmal positional vertigo

A. Radtke, M. von Brevern, K. Tiel-Wilck, et al. 2004;63:150-152. doi.org/10.1212/01.WNL.0000130250.62842.C9.

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