



## Notable From Our Podcast

In the January 12, 2021, podcast interview, Dr. Stacey Clardy talks with Dr. Zsolt Laszlo Illés about the worldwide impact of neuromyelitis optica.

[NPub.org/podcast](https://www.npub.org/podcast)



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### From the AAN Press Room

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### Antioxidants Vitamin C and Vitamin E Linked to Lower Risk of Parkinson Disease

People who consume high levels of vitamin C and E in their diet may have a lower risk of Parkinson disease than people who get only small amounts of these nutrients. “Improving diet is a known way to improve overall health, but the research on exactly how diet affects a person’s risk of Parkinson’s disease has been somewhat mixed,” said study author Essi Hantikainen, Ph.D., of University of Milano-Bicocca in Milan, Italy. “Our large study found that vitamin C and vitamin E were each linked to a 32% lower risk of Parkinson’s disease, and we found the association may be even stronger when intake of both vitamin C and E is high.”

*Dietary antioxidants and the risk of Parkinson Disease: The Swedish National March Cohort* [doi.org/10.1212/WNL.00000000000011373](https://doi.org/10.1212/WNL.00000000000011373)



## CME

### Association of Dilated Perivascular Spaces With Cognitive Decline and Incident Dementia

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### Suicidal Ideations and Attempts in Patients With Isolated Dystonia

Page 520



## Most-Cited Articles

As of January 13, 2021

### Clinical diagnosis of Alzheimer’s disease: Report of the NINCDS-ADRDA Work Group\* under the auspices of Department of Health and Human Services Task Force on Alzheimer’s Disease

G. McKhann, D. Drachman, M. Folstein, et al. 1984;34:939–944. [doi.org/10.1212/WNL.34.7.939](https://doi.org/10.1212/WNL.34.7.939)

### Rating neurologic impairment in multiple sclerosis: An expanded disability status scale (EDSS)

J.F. Kurtzke. 1983;33:1444–1452. [doi.org/10.1212/WNL.33.11.1444](https://doi.org/10.1212/WNL.33.11.1444)

### Parkinsonism: onset, progression, and mortality

M.M. Hoehn and M.D. Yahr. 1967; 17:427–442. [doi.org/10.1212/WNL.17.5.427](https://doi.org/10.1212/WNL.17.5.427)

### Frontotemporal lobar degeneration: A consensus on clinical diagnostic criteria

D. Neary, J.S. Snowden, L. Gustafson, et al. 1998;51: 1546–1554. [doi.org/10.1212/WNL.51.6.1546](https://doi.org/10.1212/WNL.51.6.1546)

### Vascular dementia: Diagnostic criteria for research studies: Report of the NINDS-AIREN International Workshop\*

G.C. Román, T.K. Tatemi, T. Erkinjuntti, et al. 1993;43: 250–260. [doi.org/10.1212/WNL.43.2.250](https://doi.org/10.1212/WNL.43.2.250)

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