



Notable from Our Podcast

The June 18, 2019, podcast interview with Dr. Bob Gross covers his experiences, opportunities, and challenges as Editor-in-Chief of *Neurology*.

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For better migraine treatment, try adding some downward dogs

Adding yoga to your regularly prescribed migraine treatment may be better than medication alone. The new research suggests yoga may help people with migraines have headaches that happen less often, do not last as long, and are less painful. “Migraine is one of the most common headache disorders, but only about half the people taking medication for it get real relief,” said study author Rohit Bhatia, M.D., D.M., D.N.B., of the All India Institute of Medical Sciences in New Delhi, India, and a member of the American Academy of Neurology. “The good news is that practicing something as simple and accessible as yoga may help much more than medications alone. And all you need is a mat.”

Effect of yoga as add-on therapy in migraine (CONTAIN): A randomized clinical trial doi.org/10.1212/WNL.00000000000009473



CME

Developmental outcomes following vaccine-proximate febrile seizures in children

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Insights into the natural history of spontaneous intracranial hypotension from infusion testing

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Clinical diagnosis of Alzheimer’s disease: Report of the NINCDS-ADRDA Work Group* under the auspices of Department of Health and Human Services Task Force on Alzheimer’s Disease

G. McKhann, D. Drachman, M. Folstein, et al. 1984;34:939–944. doi.org/10.1212/WNL.34.7.939

Rating neurologic impairment in multiple sclerosis: An expanded disability status scale (EDSS)

J.F. Kurtzke. 1983;33:1444–1452. doi.org/10.1212/WNL.33.11.1444

Parkinsonism: onset, progression, and mortality

M.M. Hoehn and M.D. Yahr. 1967; 17:427–442. doi.org/10.1212/WNL.17.5.427

Neurosurgical horizons in Parkinson’s disease

C.G. Goetz, M.R. De Long, R.D. Penn, and R.A.E. Bakay. 1993;43: 1–7. doi.org/10.1212/WNL.43.1_Part_1.1

Vascular dementia: Diagnostic criteria for research studies: Report of the NINDS-AIREN International Workshop*

G. C. Román, T. K. Tatemichi, T. Erkinjuntti, et al. 1993;43:250-260. doi.org/10.1212/WNL.43.2.250

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Neurology 2020;95;117
DOI 10.1212/WNL.0000000000009894

This information is current as of July 20, 2020

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