



Notable from Our Podcast

The June 11 2019, podcast interview showcases the incidence of lumbosacral radiculoplexus neuropathy and the association with diabetes mellitus. The What's Trending segment discusses CGRP monoclonal antibodies for migraine prevention. NPub.org/podcast



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Which foods do you eat together? How you combine them may raise dementia risk

It is no secret that a healthy diet may benefit the brain. However, it may not only be what foods you eat but also what foods you eat together that may be associated with your risk of dementia. A new study looked at "food networks" and found that people whose diets consisted mostly of highly processed meats, starchy foods such as potatoes, and snacks such as cookies and cakes were more likely to have dementia years later than people who ate a wider variety of healthy foods. "There is a complex inter-connectedness of foods in a person's diet, and it is important to understand how these different connections, or food networks, may affect the brain because diet could be a promising way to prevent dementia," said study author Cécilia Samieri, PhD, of the University of Bordeaux in France.

 $Using\ network\ science\ tools\ to\ identify\ novel\ diet\ patterns\ in\ prodromal\ dementia\ doi.org/10.1212/WNL.0000000000009399$



CME

Validation of serum neurofilaments as prognostic and potential pharmacodynamic biomarkers for ALS

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Hemorrhage from cerebral cavernous malformations: The role of associated developmental venous anomalies

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Rating neurologic impairment in multiple sclerosis: An expanded disability status scale (EDSS)

J.F. Kurtzke. 1983;33:1444–1452. doi.org/10.1212/WNL.33.11.1444

Parkinsonism: onset, progression, and mortality

M.M. Hoehn and M.D. Yahr. 1967; 17:427–442. doi.org/10.1212/ WNL.17.5.427

Neurosurgical horizons in Parkinson's disease

C.G. Goetz, M.R. De Long, R.D. Penn, and R.A.E. Bakay. 1993;43: 1–7. doi.org/10.1212/WNL.43.1_ Part 1.1

Vascular dementia: Diagnostic criteria for research studies: Report of the NINDS-AIREN International Workshop*

G. C. Román, T. K. Tatemichi, T. Erkinjuntti, et al. 1993;43: 250–260. doi.org/10.1212/ WNL.43.2.250



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