



From the Editor

Jeffrey McClean II, MD; Nicté Itzel Mejía, MD, MPH; and Nicole Rosendale, MD

Equity, Diversity, & Inclusion (EDI) is an online forum that highlights content related to EDI topics; provides a welcoming, respectful, and safe environment for the neurology community to amplify their perspectives and lived experiences; and shares opportunities that advance EDI in health and health care within and beyond the field of neurology.

Voices: Lived Experiences

Janis Miyasaki, MD, Med, is the first elected AAN Executive Officer of color. In her piece, she vividly described the discrimination and barriers she has faced due to the “double bind” of being both a woman and a person of color. Despite the hurdles she overcame, or perhaps because of them, she expressed a powerful sense of optimism and issued a challenge for each of us to contribute to change.

Amy Brodtmann, MBBS, PhD, is a member of the *Neurology*[®] Editorial Board and Head Researcher of the Clinical Cognitive Neuroscience Laboratory at the Florey Institute of Neuroscience and Mental Health in Australia. She wrote powerfully of the joy of being a mother, her decision to work part-time to spend time with her children, and the dramatic ways in which she and her work were subsequently trivialized. Yet, she managed to find success and balance while serving as an example and mentor for those struggling to do the same.

Latest articles

As a hub for EDI-related content from the *Neurology* journals, the EDI specialty site will be updated regularly with the latest relevant articles. Recently featured publications include:

- Carcel et al.¹ analyzed sex-based differences in treatment and outcomes following ischemic stroke by obtaining data for over 19,000 patients from 5 acute stroke randomized controlled trials. They described significant disparities in both management and outcomes for women following ischemic stroke.
- Hasan et al.² published a Contemporary Issues article discussing a connection between physician burnout and the prominent gender gap in the field of neurology. Moreover, they linked these trends to the widening gap between the supply of and demand for neurologists in the US.

Did you know?

The Did You Know? section is updated regularly and is intended to highlight facts and resources that provide interesting or useful information to readers and for those looking to engage in EDI-related efforts.

References

1. Carcel C, Wang X, Else Sandset EC. Sex differences in treatment and outcome after stroke: pooled analysis including 19,000 participants. *Neurology* 2019;93:e2170–e2180.
2. Hasan TF, Turnbull MT, Vatz KA, Robinson MT, Mauricio EA, Freeman WD. Burnout and attrition: expanding the gender gap in neurology? *Neurology* 2019;93:1002–1008.



Voices: Lived Experiences

The Editors welcome short first-person accounts (≤1,000 words) of experiences lived within the realm of EDI in the neuroscience community with the goal of informing and enlightening our community on these critical issues. Submit your contributions to journal@neurology.org and include “Voices Submission” in the subject line. All submissions will be reviewed by the Editors.

[NPub.org/voices](https://www.npub.org/voices)

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What's happening in Equity, Diversity, & Inclusion

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References	This article cites 2 articles, 2 of which you can access for free at: http://n.neurology.org/content/94/9/391.full#ref-list-1
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