

# Teaching Video NeuroImages: Mirror therapy against phantom pain

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A 74-year-old man presented with phantom pain secondary to left brachial plexus avulsion (BPA) following a motorcycle accident. He described severe pain (10/10) and presence of a “third arm” with onset 4 weeks after trauma. Neurologic examination showed a left flail arm without sensation.

Treatment with analgesics did not result in pain reduction. Mirror therapy<sup>1</sup> as shown in video 1 in a regimen of weekly clinical treatment and daily sessions at home reduced pain to an acceptable level after 6 weeks (2/10). Recognizing phantom pain in BPA<sup>2</sup> and accelerated initiation of mirror therapy can reduce debilitating pain in these patients.

## Author contributions

Frans Steenwinkel: drafting of manuscript, acquisition of data. Bastiaan ter Meulen: report concept, acquisition of data, critical revision of the manuscript for important intellectual content, study supervision. Vilayanur Ramachandran: critical revision of the manuscript for important intellectual content.

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## Disclosure

The authors report no disclosures relevant to the manuscript. Go to [Neurology.org/N](http://Neurology.org/N) for full disclosures.

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