



## **Notable from Our Podcast**

The May 1, 2018, featured interview highlighted an article on predictors of future psychosis in patients with Parkinson disease. For our What's Trending feature of the week, you will hear a discussion on current issues in drug pricing, and efforts that may help balance market incentives and competition.

NPub.org/podcast



# **Author Tip**

The *Neurology*® Resident & Fellow Section, developed for the trainee readership, will keep you up to date on issues related to training and career considerations as well as support the development of lifelong learning skills. This section is traineerun: a team of residents and fellows is responsible for writing, reviewing, editing, and publishing articles of interest to trainees. The group is also responsible for initiating and developing other unique projects including podcasts, electronic communications, the Resident & Fellow website, and new subsection ideas. Weekly e-Pearls, or electronic "pearls," have been sent to residents nationwide since July 2008. An archive of e-Pearls can be found at n.neurology.org/epearls/archive.



### From the AAN Press Room

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#### More than relaxation? Saunas may be linked to lower stroke risk

Taking frequent saunas may be linked to a lower risk of stroke. According to a new study, those who took a sauna 4 to 7 times a week were 60% less likely to have a stroke than people who took only one sauna per week. "These results are exciting because they suggest that this activity that people use for relaxation and pleasure may also have beneficial effects on your vascular health," said study author Setor K. Kunutsor, PhD, of the University of Bristol in the United Kingdom.

Kunutsor SK, Khan H, Zaccardi F, et al. Neurology 2018;90:e1937-e1944. doi.org/10.1212/WNL.000000000005606



#### **CME**

Neurologic outcomes in pediatric cardiac arrest survivors enrolled in the THAPCA trials

Page 62

Cortical superficial siderosis: A prospective observational cohort study Page 63



#### **Most-Read Articles**

As of February 23, 2018

# The terrorist inside my husband's brain

S.S. Williams. 2016;87:1308–1311. doi.org/10.1212/ WNL.0000000000003162

#### Evidence-based guideline update: Pharmacologic treatment for episodic migraine prevention in adults

S.D. Silberstein, S. Holland, F. Freitag, et al. 2012;78: 1337–1345. doi.org/10.1212/ WNL.0b013e3182535d20

#### Practice parameter: Therapies for benign paroxysmal positional vertigo (an evidence-based review)

T.D. Fife, D.J. Iverson, T. Lempert, et al. 2008;70:2067–2074. doi.org/10.1212/01.wnl.0000313378.

#### Evidence-based guideline: Management of an unprovoked first seizure in adults

A. Krumholz, S. Wiebe, G.S. Gronseth, et al. 2015;84: 1705–1713. doi.org/10.1212/ WNL.0000000000001487

#### Self-treatment of benign paroxysmal positional vertigo: Semont maneuver vs Epley procedure

A. Radtke, M. von Brevern, K. Tiel-Wilck, et al. 2004;63: 150–152. doi.org/10.1212/ 01.WNL.0000130250.62842.C9



# What's happening in *Neurology*® *Neurology* 2018;91;69 DOI 10.1212/WNL.000000000005875

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