



Notable from Our Podcast

The February 27, 2018, issue featured interview highlighted the guidelines and concerns surrounding brain death determination. For our What's Trending feature, you will hear part II of the discussion on gene drives.

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Physically fit women nearly 90% less likely to develop dementia

Women with high physical fitness at middle age were nearly 90% less likely to develop dementia decades later, compared to women who were moderately fit. When the highly fit women did develop dementia, they developed the disease an average of 11 years later than women who were moderately fit, or at age 90 instead of age 79. "These findings are exciting because it's possible that improving people's cardiovascular fitness in middle age could delay or even prevent them from developing dementia," said study author Helena Hörder, PhD, of the University of Gothenburg, Sweden.

Hörder H, Johansson L, Guo X, et al. 2018;90:e1298–e1305. doi.org/10.1212/WNL.0000000000005290.



CME

Involvement of the central somatosensory system in restless legs syndrome: A neuroimaging study

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ABBY: A phase 2 randomized trial of crenezumab in mild to moderate Alzheimer disease

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Most-Read Articles

As of February 23, 2018

The terrorist inside my husband's brain

S.S. Williams. 2016;87:1308–1311. doi.org/10.1212/WNL.0000000000003162.

Evidence-based guideline update: Pharmacologic treatment for episodic migraine prevention in adults

S.D. Silberstein, S. Holland, F. Freitag, et al. 2012;78:1337–1345. doi.org/10.1212/WNL.0b013e3182535d20.

Practice Parameter: Therapies for benign paroxysmal positional vertigo (an evidence-based review): [RETIRED]

T.D. Fife, D.J. Iverson, T. Lempert, et al. 2008;70:2067–2074. doi.org/10.1212/01.wnl.0000313378.77444.ac.

Evidence-based guideline: Management of an unprovoked first seizure in adults

A. Krumholz, S. Wiebe, G.S. Gronseth, et al. 2015;84:1705–1713. doi.org/10.1212/WNL.0000000000001487.

Self-treatment of benign paroxysmal positional vertigo: Semont maneuver vs Epley procedure

A. Radtke, M. von Brevern, K. Tiel-Wilck, et al. 2004;63:150–152. doi.org/10.1212/01.WNL.0000130250.62842.C9.

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What's happening in *Neurology*[®]
Neurology 2018;90;959
DOI 10.1212/WNL.0000000000005577

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