REFLECTIONS:
NEUROLOGY AND THE
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Reflections for August

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NOW I LAY ME DOWN TO SLEEP

The man from Milan cannot sleep, feels a beast stir inside, strip the meat from his bones,

marbled buttocks, sinewy thighs. Soon he staggers like Lancashire sheep

with the cuddy-trots. His pupils shrink small as chiggers, neck cants to the left,

limbs jerk like a marionette, visions of demon-spawn bloom in his head. Each night

he sweats buckets of remorse, pleads with Hypnos the god of repose, to restore

the ethereal dances of midnight, the dark-eyed glances and footsteps through silent valleys—

the bone-yard of dreams. Deep inside, a perverse origami is afoot, gerrymandering

citizens from the left and right. Things fall apart, the handshakes cannot hold. A blood-dimmed tide

of anarchy is loosed upon his soul, and he falls through a labyrinth of holes, through

a distant mirror into a cave where his ancestors huddle and suck marrow from their elders' bones.

PLASTINATION

Start with a corpse, the bluish monogram of *livedo reticularis* on its flanks. A whiff

of plastic polymer and formalin in the air. A little man wearing a black fedora and the hieroglyphs of grandiosity cut into his cheeks, who promises to resurrect

your lover's body, pristine as Amenhotep, for a thousand years.

Vacuum the fluids and fat, force feed the arteries, like a goose for *foie gras*, with rubber that glows

like neon. Pack the muscles with silicon, inflate the blanched nipples. Bisect

the skull to reveal her brain—
a pasha perched
in the minaret of his caliphate—

its ruts and ridges glossy now, criss-crossed by veins,

as if, the love she lavished on you, was still contained. That little man

will slice thin sections of her heart, like ham on a butcher's blade;

a painting framed to hang in your mausoleum. Walk between the stainless steel

vats and jars on shelves, filled with bright remains from someone's gutted husk.

Ask yourself if Mozart's music could be any sweeter, had we, his pauper's body

to gawk at, in a glass case. Ask the man in the black fedora, why he seeks immortality,

what blinded him, in the body's geometry, to the weightlessness of dust.



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