

Teaching Video NeuroImages: Painful legs and moving toes syndrome



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A 37-year-old man developed involuntary and irregular abduction, adduction, and circumductive movements of the left toes 5 years ago. One year later, he developed similar movements of the right toes (video). The movements occurred at rest, could be voluntarily suppressed, and did not persist during sleep. He also described parallel onset of near-constant, deep, aching, burning pain with fluctuating intensity in both legs. Electrodiagnostic and magnetic resonance studies of the brain and entire spine were normal. The symptoms have worsened

since onset. The abnormal toe movements and description of the leg pain are characteristic of painful legs and moving toes syndrome.^{1,2}

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Supplemental data at
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