REFLECTIONS: NEUROLOGY AND THE HUMANITIES

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Reflections for April

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AN ODE TO VISION

Summon the mechanic to ratchet eye-lids up like a drawbridge across the skull's dry sockets,

the glazier to fire the frit into smooth discs suspended by calipers, slip a moonstone into the vault of each iris. The eyes

tether us to the names we've learned to call heaven and earth, oak and fire. Here is vision's garden:
the bee, the Bob-O-Link
and Hop Hornbeam,
the Lammergeyer,
that magisterial bird coasting the edge of your perimeter. Let nothing blind

the millimeter pinholes of your pupils, as you peer into the gloaming of a day drawn down to rest; a rowboat bobbing at dusk, the shining lemons of owls' eyes blazing in the forest. Invite the astronomer

to marry light to your eyes, to meet midway behind the ivory globes on a bridge of lilies, and there to explode in a flowering of sparks; an ark that drifts upstream into the river's soft folds where the oarsman off-loads its cargo into your seams. Take heart

in the night hunter's blindness healed by Hyperion who hurls lumens across the meadows, unveiling dawn, a trestle of swallows.

Sight comes with the brush of pale fingers on feathered lash, life's first and last epiphany poured through the waterfall of the eyes.

REMEMBERING KINGS COUNTY HOSPITAL

The compassionate gaze on Sir William Osler's face follows me from the cupola of his library. In these sprawling wards, on beds

sheathed in coarse linen, I learned to interrogate the heart, to know the opening and closing valves, hold an ear to the lungs

for rales and rhonchi, the signature sounds of a drowning chest, to palpate with my fingertip, a knobby liver beneath the ribs, hard as a hickory gall.

To spelunk the body's caves by headlamp and touch, to see beyond the eye's pinhole, serpentine rivers running and the ivory cable carrying the world

into the brain's rutted ridges.
On that journey I became a warrior
armed with Asclepias' staff, bound
by Hippocrate's oath, the serpent growing

new skin entwined around my feet. I took with me to New York: the prying ear of a stethoscope, a white jacket and name tag, the child

inside me who died on the fever's battlefield. I carried my ashes in an urn, and joined one-hundred and ten interns in the contagious corridors of the old

Kings County Hospital that stands in Brooklyn's blazing desert. Graffiti crawls its walls like kelp, and the wagons arrive screaming with their cargo of wounded men.

Once, my feet scuffed these wards, my hands measured blood pressure and pulse, compressed the flailing chests until the flat-lines sang no more.

On Flatbush Avenue the sick pile up on steel gurneys stacked like boxcars in a stockyard. *We are cattle*, they cry. *Help us to die*. And I press

against the nursery glass, drinking in the puckered, red faces inhaling life, the bubbles on tiny lips. A lifetime ago, I drove through Brownsville, a graveyard of fractured walls, pitted asphalt and shattered windows. I ran red lights, averted my gaze from dark figures warming their hands

over can fires. Their faces vibrate before my eyes, black as coal miners pulled from a pit. Misery gathers this world's dead weight on their backs.

Each night, more babies with cigarette burns, the elderly, gaunt and cold. The Lindens' leaves on the boulevard have turned from gold to red.

My mother arrived in a hard snow to scour my room in the dentist's office where I lived, and brought freshly laundered clothes. In this wasteland

she shone like a beacon, left a spotless windowsill, this tidied room, the orchestral bedsprings, anatomy books, a goose necked lamp and vitamin pills.

No sleek, black monument honors the dead on Flatbush Avenue where the old men in the park are fed by the pigeons. You forget you work in a place

where human life has no meaning, the hopes of the hopeless are launched and cast adrift. Lowell said,

the elected who promise to care, come here bright as dimes, and die disheveled and soft. the autumn I wander Kings Co.

In the autumn I wander Kings County's corridors again, searching for Miss Sardi,

the Sicilian nurse who tested my mettle, blocked my exit from intensive care, with mellifluous voice demanding the name and dose of a drug for Pedro Martinez,

a dying man assigned to me on my first day. I relive a chorus of respirators sucking air, red diaphragms rising and falling in glass cylinders. *The usual,* I blurted out, bolting through the door.

An orderly informs me that she passed away. From the deck of the Staten Island ferry, my life leans toward a kinder season, Ellis Island fading in the mist.



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