RESIDENT & FELLOW SECTION

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Book Review

THE LANCET HANDBOOK OF TREATMENT IN NEUROLOGY

Edited by Charles Warlow, 432 pp., The Lancet, 2006

The first edition of *The Lancet Handbook of Treat*ment in Neurology, edited by Charles Warlow from the University of Edinburgh, includes contributors from the United Kingdom, Australia, New Zealand, and the United States. Nineteen chapters cover a broad spectrum of the major neurologic subspecialties from headache, epilepsy, and sleep disorders to dementia, infectious diseases, and neuro-oncology. Neuro-ophthalmology and neuro-otology are briefly covered in a chapter that includes cranial nerves and cerebellar syndromes. Additional chapters include coma, raised intracranial pressure, and hydrocephalus, as well as metabolic disorders and neuropathic pain. Integrated into this book are emotional and functional somatic disorders, psychoses, and neurogenic pelvic organ dysfunction, as well as anesthesia for patients with neurologic disease.

Each chapter begins with concise clinical features and information regarding the diagnosis of specific neurologic disorders. However, the main goal of the book is to provide the most up-to-date and evidence-based treatment for neurologic disorders, and that goal is certainly accomplished. For example, recent advances such as plasmapheresis for neu-

romyelitis optica, corticosteroids for bacterial meningitis, and temozolomide for glioblastoma multiforme have been incorporated in their respective chapters. Whenever appropriate, drug titration, laboratory monitoring of treatments, and nonpharmacologic interventions are also readily included.

The presentation of text in bullet format makes information easily accessible. Color-coded tables, boxes, and flowcharts appear throughout the book for a quick review of diagnostic criteria, clinical features, and the management or comparison of drugs. At the end of each chapter, a small number of references are suggested for further reading. These references are usually books, book chapters, or review articles. Typographical errors are minimal for a first edition book and do not compromise the book's quality. Trade names of drugs do appear occasionally but are always accompanied by the scientific name, which is important particularly because commercial names of drugs vary among different countries.

The book fits well in a white coat pocket and would be very useful for a quick consultation in the wards or outpatient clinics. *The Lancet Handbook of Treatment in Neurology* is highly recommended for medical students and interns rotating through neurology, as well as for neurology residents and practicing neurologists.

Reviewed by Fabio M. Iwamoto, MD



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