

PCV chemotherapy for recurrent glioblastoma multiforme

Article abstract—The authors evaluated response, time to progression (TTP), survival, prognostic factors, and toxicity in 63 patients with a recurrent glioblastoma multiforme treated with procarbazine, lomustine, and vincristine (PCV) chemotherapy. Complete and partial response was observed in two (3%) and five patients (8%). In 16 patients (25%), stable disease was observed. Median TTP and survival were 13 and 33 weeks. Age < 40 years and Karnofsky Performance Status \geq 90 were associated with longer TTP and survival. PCV treatment was generally well tolerated.

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Despite different treatment options such as reoperation, reirradiation, gene therapy, immune therapy, and chemotherapy, no standard treatment regimen with proven effectiveness and acceptable toxicity is yet available for patients with recurrent glioblastoma multiforme (rGBM), and the prognosis remains poor.^{1,2} Many chemotherapeutic agents, either as single agents or in combination chemotherapy regimens, have been used to treat (recurrent) malignant gliomas. The first results of treatment with procarbazine, lomustine (CCNU), and vincristine (PCV) chemotherapy for malignant brain tumors were reported in 1975.³ Since then several studies have been published on PCV chemotherapy in patients with (recurrent) glioma, including various brain tumor histologies. However, survival is partly dependent on histology; this makes it difficult to draw firm conclusions from literature data as to the efficacy of a given treatment in recurrent brain tumors.

In this multicenter retrospective study, we report the effects of PCV chemotherapy in 63 patients with a rGBM. We evaluated response rate, time to progression, survival, prognostic factors, and toxicity.

Methods. Only patients with a histologically verified diagnosis of a GBM, either initially or at recurrence, were included. Radiologic evidence (measurable with CT or MRI) of tumor recurrence after prior therapy, or residual disease after prior resection, had to be present. Other inclusion criteria were age 18 to 75 years, Karnofsky performance status (KPS) \geq 60 and life expectancy greater than 3 months. Exclusion criteria were administration of other antineoplastic drugs during the study period, concurrent radiotherapy, cardiac failure, and sensory or motor neuropathy grade 2 or worse according to National Cancer

Institute of Canada–Common Toxicity Criteria (NCIC-CTC) criteria before the start of PCV chemotherapy.

Standard or intensified (in the first nine patients in one of the participating centers) PCV chemotherapy was administered in a 42-day cycle, as described elsewhere.^{4,5} Response was assessed according to the criteria of Macdonald et al.,⁶ using the same radiologic modality (CT or MRI) per patient. Standard laboratory tests were performed at baseline and during therapy. Toxicity was scored according to NCIC-CTC after each cycle.

Statistical analysis was performed for the evaluation of time to progression (TTP) and survival, measured from the start of PCV chemotherapy (Kaplan–Meier method). Subgroups of patients based on age, KPS, histology, and interval between initial diagnosis and recurrence were formed. To evaluate the effects of these prognostic factors on TTP and survival, hazard ratios were estimated using Cox proportional hazards model.

Results. Patient characteristics are summarized in table 1. From 1994 to 1998, 63 patients (median age 46 years) were included in this study. At the first presentation, 14 patients had undergone a biopsy, and 49 patients had undergone a maximal resection. All patients were treated with radiotherapy postsurgery. Six patients had been treated with reirradiation for recurrent disease before PCV chemotherapy. Twenty patients were treated with prior chemotherapy. Reresections were performed in 26 patients. All patients used antiepileptic drugs, and 47 of the 63 patients used dexamethasone (median 6 mg, range 2 to 22.5 mg) at the time of recurrence.

Outcome. PCV chemotherapy resulted in complete response (CR) in two patients (3%), partial response (PR) in five patients (8%), and stable disease (SD) in 16 patients (25%). The median TTP and survival for the entire patient group were 13 and 33 weeks. The median TTP and survival for the patients with CR, PR, or SD were 39 and 44 weeks, whereas in the group of patients with PD, the TTP was 13 weeks and the survival was 26 weeks. Six-month survival after the start of PCV chemotherapy for the entire group was 68%, 1-year survival was 18%, and 2-year survival was 5%. Progression-free survival at 6 months (APF6) was 29%. No difference in response was found in patients treated with intensified or standard PCV. In chemonaive patients, 44% showed a response or stable disease after PCV, compared with 20% in patients with prior chemotherapy ($p = 0.06$). Median survival was comparable in patients with or without prior resection.

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Table 1 Patient characteristics

Characteristics	Results
Sex, M/F	47/16
Age, y, median (range)	46 (19–73)
KPS, median (range)	80 (60–100)
Initial histology, lower grade tumor/GBM	19/44
Time between initial treatment and start of PCV, wk, median (range)	39 (9–572)
<52 wk, n	38
≥52 wk, n	25
Courses PCV, n, median (range)	2 (1–7)
Previous chemotherapy, n	20
Paclitaxel	10
Temozolomide	4
Cisplatin/ifosfamide	2
Carboplatin/etoposide	1
Topotecan	1
Suramin	2
Previous reirradiation, n	6
Previous resection, n	26

KPS = Karnofsky Performance Status; GBM = glioblastoma multiforme; PCV = procarbazine, CCNU, vincristine.

Prognostic factors. Univariate analysis (table 2) showed a higher response rate and a longer median survival in the patient group younger than 40 years of age or with a KPS ≥ 90. Patients with a prior lower grade tumor had a similar response rate but a longer survival, compared with patients with a prior GBM. Multivariate analysis (table 3), testing the independent effects of the four prognostic factors on the TTP and survival, showed that none of the prognostic factors were significantly associated with either survival or TTP, although substantially decreased risks (hazard ratios) of progression and death were observed for patients younger than 40 years of age or with KPS ≥ 90.

Toxicity. Hematologic toxicity up to grade 2 was observed frequently. However, reduction of PCV dosage due to leucopenia was necessary in only two patients. Other toxicities, including nausea, vomiting, asthenia, and (vincristine-induced) peripheral neuropathy, were mild to moderate in most cases.

Discussion. In this article, we report our results of treatment with PCV chemotherapy in patients with a recurrent GBM. The 36% response rate (including SD) in our patient group, and the 1-year overall survival of 18% are comparable with the results of other studies.^{1,2} However, the median TTP (13 weeks) and median survival (33 weeks) in our study are of longer duration than the reported median TTP of 9 weeks and median survival of 25 weeks in the study by Wong et al.,² in which 225 patients with rGBM treated according to several chemotherapeutic phase II trials were included. The observed proportion of patients alive and progression free at 6 months (APF6) (29%) in our study compares favorably with the APF6 with temozolomide (21%) or procarbazine monotherapy (9%) in patients with rGBM at first relapse in a recent large randomized trial.⁷

Among prognostic factors investigated in our study, age < 40 years and a KPS ≥ 90 were associated with a favorable outcome, although not significant in the multivariate analysis.

Treatment with PCV chemotherapy was well tolerated in terms of toxicity, and no serious adverse events were observed. Toxicity of PCV chemotherapy was similar to that of earlier studies described in literature.^{8,9} Initially, in one center, the intensified PCV therapy was applied, but this was abandoned after the observation of possible central neurotoxicity due to this treatment.¹⁰

Our study certainly has its limitations. We did not perform biopsy or resection in all patients with prior GBM to confirm tumor recurrence and to exclude radionecrosis. However, in one of the participating centers,²⁰¹ thallium SPECT scans were made routinely before and during chemotherapy, and in all evaluable scans (in 25 patients), thallium uptake was observed before PCV chemotherapy, suggesting the existence of viable tumor rather than radionecrosis. Another limitation of our study is that we did not perform routinely quality of life assessments during therapy, although we have the impression that PCV chemotherapy was well tolerated. Furthermore, it is impossible from this study to verify exactly the effects of treatment with PCV chemotherapy on rGBM because it is a single-arm phase II trial.

Table 2 Univariate associations between patient characteristics and response rate, median time to progression (TTP), and survival

Patient characteristics	CR, PR, or SD, %	Progressive disease, %	TTP, wk	Survival, wk
Age, y				
<40/≥40	45/33	55/67	14/13	41/30
KPS				
≥90/<90	75/23	25/77	26/13	44/30
Prior histology				
Lower grade tumor/GBM	37/36	63/64	13/13	44/30
Interval from initial diagnosis to recurrence ≥52/<52 wk	36/37	64/63	13/13	36/30

CR = complete response; PR = partial response; SD = stable disease.

Table 3 Multivariate analysis

Characteristics	Time to progression		Survival	
	Hazard ratio (95% CI)	<i>p</i> Value	Hazard ratio (95% CI)	<i>p</i> Value
Age, y				
<40 versus ≥ 40	0.53 (0.28–1.01)	0.06	0.51 (0.25–1.03)	0.06
KPS				
≥90 versus <90	0.61 (0.34–1.10)	0.10	0.64 (0.35–1.18)	0.15
Prior histology				
Lower grade tumor versus GBM	0.93 (0.50–1.74)	0.83	0.87 (0.47–1.62)	0.67
Interval				
≥52 versus <52 wk	1.22 (0.69–2.15)	0.49	0.89 (0.50–1.58)	0.68

KPS = Karnofsky Performance Status; GBM = glioblastoma multiforme.

We conclude that PCV chemotherapy is a fair chemotherapeutic alternative for patients with recurrent GBM with moderate antineoplastic activity and acceptable toxicity. However, the true value of PCV chemotherapy in this setting can only be evaluated properly in a randomized phase III study. Unfortunately, the results of our study and others strongly suggest that current treatments for patients with rGBM are still inadequate. Better treatment strategies to improve survival and quality of life in these patients are needed.

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